



AD/HD, AD/HD, Autism, Chronic Illness, Language or Learning Delay?

Find out how an integrative approach that combines Biomedicine, nutrition and neuro-therapies can improve a child's physical and mental health and reduce their need for antibiotics, antidepressants, psychotropics, grommets, puffers, and cortisone cream. Treating metabolic and digestive disorders in the proper sequence can improve health and concentration significantly.

Healthy Cells For Life.

RACGP QA&CPD points for General Practitioners.

Would you ask a child with a broken leg to run faster?

The same answer applies to asking a child to work harder in school if there is an underlying 'biology' to their learning or language disorder. The digestive tract is designed to absorb nutrients and to screen out toxins. When the gut dysfunctions, the body and brain are adversely affected in many ways.

If your child has ongoing health or behavioural issues, they may have a biochemical imbalance that can affect metabolic, immunologic, neurologic and digestive (mindd) systems. Once this biochemistry is addressed, neurological function improves and the child is better able to learn and benefit from neuro therapies.

Anyone with the following issues might benefit from an integrative medical approach.

allergies or asthma
ADD/ADHD
chronic ear infections
eczema and skin infections
food sensitivities or reflux
chronic urinary tract infections
sleeplessness or anxiety
learning or language delay
chronic upper respiratory infections
dyspraxia or dyslexia
aggression, ODD, PDD, RETTS
chronic/recurrent stomach aches
constipation and/or diarrhea
poor concentration and bedwetting
autism spectrum disorder
weak immune system
fine or gross motor issues

*S. Jill James, Oxidative Stress, Uni. Arkansas, 2005

Event Details

Time: 12-5pm
Date: Sunday 4 March 2007
Place: Brisbane
Cost: \$85

Go to page 2 for more information and a printable registration form or [Click here](#) to register now!

Did you know?

- Many children with learning delay have auditory and visual processing issues that do not show up in standard eye and hearing tests
- 70% of the neurotransmitters found in the brain are also found in the gut
- Minerals, vitamins, essential fatty acids and amino acids are essential for neurotransmission which effects concentration and mood
- Dozens of studies confirm that digestive disorders can trigger many neurological disorders including sleeplessness, anxiety, depression, attention deficit and behavioural and learning problems
- Unmetabolised food, chemicals and heavy metals interfere with brain pathways
- A healthy diet is not adequate if the body is not metabolising and absorbing nutrients
- Antibiotics, medications, environmental toxins and stress can trigger digestive dysfunction
- Gut disorders adversely affect the immune system and can trigger allergies, asthma, eczema, and chronic infections

Keynote speakers

Dr. Robyn Cosford (MB BS FRACNEM)

Dr. Robyn Cosford will present effective treatments for autism, neuro-developmental disorders & chronic infections through nutritional medicine. She will also discuss abnormal strep immunology in paediatric illness. Dr. Robyn Cosford is founder and Director of the Northern Beaches Care Centre where she combines Orthodox Medicine with Homeopathy, Acupuncture, and Kinesiology to treat the whole person.

Dr. Gary Deed (MB BS FACNEM)

Dr. Deed will present on 'Walking the minefield' with a focus on helping families to manage treatment of ASD and mindd issues such as Autism, AD/HD, asthma, allergies, depression, learning delay and behavioural disorders. Dr. Deed practices Complementary Medicine at Your Health in Brisbane where he consults in nutritional, herbal and complementary therapies.

Dr. Henry Osiecki PhD

Dr. Henry Osiecki will detail the link between nutrition and neurotransmission, detailing how deficiencies in particular nutrients impacts on neurotransmitters and can manifest as Autism, AD/HD, sleeplessness, depression, anxiety, and addiction. Dr. Osiecki is a leading Australian Clinical Nutritionist who has been training practitioners for over 20 years.

Libby Ellis PhD

Libby Ellis has years of experience working with nutrition and paediatric illness and disorder. Discussion will focus on which foods hinder and which help support immunity, digestion and neurological development. Libby is currently Director of Nutrition at Gwinganna Retreat in Queensland.



Upcoming Mindd Events

The Brain-Immuno-Gut Connection

Dr. A. Underwood,
J. Duff, Libby Ellis
1-5pm 15 October 2006
Sydney

Complementary Solutions

Dr. Underwood & Team
9-5pm 28 October 2006
Melbourne

Integrative Solutions

Dr. M. Dyson & team
1-5pm 5 November 2006
Sydney

The Brain-Immuno-Gut Connection

Dr. R. Cosford, Dr. G. Deed, H. Osiecki, Libby Ellis
12-5pm 4 March 2007
Brisbane

Mindd International Forum on Children 18-21 May 2007, Sydney

Complementary Solutions for ADHD, Asthma, Allergies, Autism and Chronic Illness.

Visit www.mindd.org or call 02 9337 3600 for more information. Mindd Foundation is a non-profit Health Promotion Trust. RACGP QA & CPD points for General Practitioners.

[Click here for More Info](#)

Registration Form

Time: 12-5pm
Date: Sunday 4 March 2007
Place: Brisbane
Cost: \$85/person

Advanced bookings essential.

To reserve a place, please register at www.mindd.org or send this form with payment to:

Mindd Foundation Pty Ltd
PO Box 151, Vaucluse NSW 2030

Visit www.mindd.org for cancellation terms & conditions.

The Brain-Immuno-Gut Connection

First name _____ Last name _____
Address _____
Email _____
Phone () _____ Fax () _____

Please tick your area of expertise:

- | | | | |
|---|------------------------------------|--|-------------------------------------|
| <input type="radio"/> Parent/guardian | <input type="radio"/> Kinesiology | <input type="radio"/> Nutrition | <input type="radio"/> Naturopath |
| <input type="radio"/> Paediatrician | <input type="radio"/> Osteopath | <input type="radio"/> Cranial Sacral | <input type="radio"/> Health worker |
| <input type="radio"/> Language/literacy | <input type="radio"/> Chiropractor | <input type="radio"/> Neurodevelopment | |

General Practitioner (Please specify reference no.)

Other (Please specify)

Do you have specific questions?

Where did you hear about our events?

- | | | | |
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| <input type="radio"/> E-flyer | <input type="radio"/> Print Ad | <input type="radio"/> Practitioner | <input type="radio"/> Radio |
| <input type="radio"/> Friend | <input type="radio"/> Print flyer (Where did you find it?) | | |
| <input type="radio"/> Other (Please specify) | | | |