

Autism, ADHD, Learning Delay

Find out how Integrative Healthcare that includes biomedicine, allied therapies and neuro-development treats the whole person and helps a child reach their full potential.

Many children with Autism also have ADHD, allergies and digestive disorders. Chronic infections often reoccur until germs are accurately identified and treated. The metabolic-immunologic-neurologic-digestive systems are all closely linked and require an integrative approach to achieve optimal mental and physical health. Treating underlying causes reduces the need for treating symptoms with antibiotics, psychostimulants, histamines, puffers, cortisone cream and surgery.

More importantly, an integrative approach can help prevent disease.



Integrative Solutions

Seminar August 29, 2009

Would you ask a child with a broken leg to run faster? Asking a child with ADHD or learning delay to sit still or study harder is equivalent if there is an underlying medical condition.

Nutritional deficiencies, infections and toxicity of heavy metals and chemicals are behind the alarming rise in childhood disorders.*

Integrating biomedicine (digestive health, diet, nutritional medicine, and detoxing) along with other therapies can greatly improve outcomes. The key is an individualised approach by a trained practitioner.

* Dr. Kenneth Bock, *Healing The New Childhood Epidemics*

Integrative care can help treat a wide range of symptoms that include;

ADHD
allergies
Asthma
Autism
anxiety
bedwetting
behavioural issues
chronic infections
depression
digestive disorder
dyslexia
dyspraxia
eczema
food sensitivities
memory recall
motor coordination
reflux
sleeplessness
stinky breath

Did you know?

- 1 in 165 US, 1 in 150 UK and 1 in 120 Australian children are diagnosed with Autism?*
- ADHD, allergies, autism, asthma often share an underlying chemistry characterized by nutrient deficiencies, infections, and toxicity.**
- 70% of the neurotransmitters in your brain are also in your gut
- A healthy diet is not adequate if the gastro intestinal tract is not properly absorbing nutrients.
- Antibiotics, "the pill", refined carbohydrates, lack of breast-feeding, heavy metals and chemicals all disrupt the microbe balance of the GI tract which can lead to gut & immune disorders and nutritional deficiencies.
- Seemingly healthy foods like milk, bread, soy, egg and corn can adversely affect concentration, behaviour and immunity in a person struggling with digestive disorder, intolerances or allergies.
- Nutritional deficiencies can cause ADHD, allergies, eczema, asthma, speech issues, sleeplessness, hyperactivity, chronic fatigue, poor concentration, chronic illness and more.

* US CDC, UK Dept Health

** Dr. Kenneth Bock, *Healing The New Childhood Epidemics*

Event Details

Time: Registration 8:30am. 9am-4pm
Date: Saturday August 29, 2009
Place: TLC Townsville Community Learning Centre

Metabolic
Immuno
Neurological
Digestive
Disorders

Early Bird Pricing
Before 31 July 2009
\$30.00 per person **\$15.00** per spouse

Standard Pricing
After 1 August 2009
\$50.00 per person **\$25.00** per spouse
Spouse discount only with full paying admission
ie: \$75.00 in total

Uni/Student Concession
2 for the price of 1

Morning Tea & Lunch Provided - Child Care provided. Register now!

Key Note Speakers

Biomedical Intervention

Dr. Antony Underwood

Biomedicine focuses on treating the individual by focusing on thorough medical assessment, testing and treatment. Correction of chemical imbalances and infections can help treat and prevent Autism, ADHD, allergies and related auto-immune disease.

Dr. Antony Underwood is a Paediatrician based in Sydney who helped pioneer biomedical intervention in Australia for the treatment of ASD, ADHD and neuro-biological disorders.

The Brain-Immuno-Gut Connection

Jacques Duff, MAPS; MAAAPB; MECNS; MISNR

Dozens of studies suggest that digestive disorders can trigger neurological disorders such as autism, ADHD, learning delay, anxiety & depression. 70% of the neurotransmitters in the brain are also in the gastro intestinal tract, so digestive health directly impacts on mental health. Also, the digestive tract is designed to absorb nutrients and to screen out toxins. When the gut dysfunctions, the immune system and the brain are adversely affected in many ways.

Jacques Duff is founder and Director of the Behavioural Neurotherapy Clinic in Melbourne where they combine Orthodox Medicine, diet and neuro-psychology to treat children and adults.

Dietary Intervention

Julie Matthews

Many childhood disorders stem from similar underlying causes. Though they may seem disparate, ADHD, allergies, asthma and autism all have evident nutrient deficiencies, digestive disturbances, inflammation and immune system imbalances and poor detoxification (or an overload of toxins). In this session, you will learn how the health of the body and mind are interconnected, how poor digestion and gut imbalances affect the brain, and the importance of nutrition to the health and healing of these systems. We will dispel many myths of mainstream nutrition, such as "fat is bad" and artificial ingredients "must be ok" if they are contained in foods sold in stores. We will identify foods that heal the gut, feed the brain, and support the immune system and detoxification - and very importantly, how to help children (even picky eaters) enjoy these foods too!

Registration Form

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Community Learning Centre
78 Thompson St, Mundingburra**

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\$75.00 in total

This event is proudly sponsored by HypO2



Uni/Student Concession

2 for the price of 1

Child Care

Provided at the venue

LIMITED PLACES - BOOKINGS ESSENTIAL

\$10/child or \$20/family Age Limit 2.5yrs -10yrs

Email child/s full details: name, age, special needs etc to rhonda.muller@bigpond.com or fax/post details with registration form

To reserve a place (incl child care) please pay

via Bank transfer:

BSB: 804 050 Account No. 30302966

Clearly state your last name as reference.

Two options:

1. email your name & the date you did the transfer to payments@nqasg.org.au

2. fax your name & the date you did the transfer to Ph/Fax: (07) 4774 0637

or mail this form with bank draft or money order to:

NQ Autism Support Group

PO Box 1659

Aitkenvale QLD 4814

Visit www.mindd.org or call

02 9337 3600 for more information.

info@mindd.org

Cancellations will forfeit 50% of the registration fee

1. For more information email

rhonda.muller@bigpond.com

2. Ph/Fax: NQ Autism Support Group (07) 4774 0637

Integrative Solutions

hosted by North Queensland Autism Support Group



First name _____ Last name _____

Address _____

Email _____

Phone () _____ Fax () _____

Please tick your area of expertise:

- Parent/guardian Paediatrician Speech/language
 Practitioner (please specify) Other (Please specify)

Do you have specific questions? _____

Where did you hear about our events?

- E-flyer Print Ad Practitioner Radio Friend
 Print flyer (Where did you find it?) Other (Please specify)