

Navigating the Waters of Autism

Healing Autism & ASDs through
Sequential-Integrative
Homeopathy

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Homeopathy creates true health and homeostasis (balance), not just a temporary absence of symptoms by suppression with chemicals (drugs).

Homeopathy

- Based upon the “Law of Similars,” or “*Similia similibus curentur:*” “Like treats like.”
- Uses tiny, highly diluted amounts of any sort of substance as medicine
- Sources:
 - Plants
 - Minerals
 - Animals
 - Drugs & other chemicals

Dilution, Potency and Safety

- Because homeopathic remedies are made by serial dilution, they are very safe
- The higher the healing potency, the smaller the amount of crude substance
- Any homeopathic remedy above a 24X (diluted 1:10 24 times) or a 12C (diluted 1:100, 12 times) no longer has any chemically discernible molecules of the original source substance
- This means the toxic effects, if any, of the original substance are completely eliminated

How safe is homeopathy?

- In over 200 years of world-wide usage, with millions of people, there is no record of a single death or permanent harm ever attributed to homeopathic treatment
- In over 200 years there has never been a recall of a single homeopathic product
- Safe for newborns to the elderly
- With professional supervision, safe for pregnant women or nursing mothers
- Safe for consumer self-care for acute illnesses and minor injuries

Homeopathy is great for self-care of common acute illnesses

- Homeopathy treats common colds, flu, acute allergic symptoms, sore throats, rashes, childhood diseases, food poisoning, etc.
- Can help with discomfort of all forms of aches and pains, and fevers without adding toxicity to the system like acetaminophen, ibuprofen, pain drugs, antifungal, antibiotic, antacids or other conventional drugs
- Has no “side-effects.”
- Will not disrupt the gut flora

Remedy forms

- Liquid
 - Drops taken under the tongue or
 - Added to water and swallowed
- Lactose pellets or tablets
- Sucrose pellets or granules
- Does not interfere with special diets

Are they hard to administer to an autistic child?

- NO!
- Dry remedies taste sweet
- Liquid remedies normally taste like water
- If texture is an issue, dry remedies can be dissolved in water or added to juice, or food, etc.
- Completely non-invasive administration with very few exceptions

How can homeopathy help autism?

- Offers a viable alternative to antibiotics for acute care and to promote faster healing of minor injuries
- Can support nutritional absorption, metabolic processes and gut healing
- Can alleviate the symptoms along the way
- May ultimately allow the body to heal itself and maintain itself, after appropriate interventions: ***creating true health!***

Symptoms are relieved through:

- Detoxification of heavy metals, drug residual effects and environmental toxins
- Reduction of inflammation
- Rebalancing of gut flora
- Healing of the mucous membranes, including the intestinal lining
- Lowering immune burden of viruses and bacteria thru elimination, rather than long-term suppression

Different Approaches

- Classical Homeopathy
 - Single remedies – works well for simple acute illnesses. Often encounters blockages with diseases of toxicity
- Sequential Homeopathy
 - Multiple remedies – works well with simple, complex, acute or chronic illness
 - Overcomes blockages by unlayering
- Homotoxicology or “homeopathic detox”
 - Incorporates commercial combination remedies, by substituting for drugs to palliate symptoms while systematically detoxing the milieu

“Classical” or “Constitutional” Homeopathy

- Seeks to find a whole “picture” of the disease
- Attempts to match that picture of the disease with the matching remedy, based upon the Law of Similars
- Seeks a single remedy to treat all the ills of the person as a whole
- Refers to the curative remedy as the person’s “constitutional remedy”
- Has limited success treating complex diseases like autism due to blockages from toxins and drugs

Classical Homeopathy

- Is individualized
- Not “one-size-fits-all”
- Basis of homeopathic philosophy and practice
- Is the approach most commonly practiced in US
- Is not our whole or only approach – just one piece of it

Homotoxicology or Homeopathic Detoxification

- Uses combinations of remedies
- Uses low potency remedies
- Supports and stimulates detoxification process
- Aids in normalizing absorption, digestion and other processes
- Does not use chemicals to remove other chemicals or metals!

Sequential Homeopathy

- Goes beyond classical homeopathy
- Views chronic disease treatment as an unlayering process
- Sees each event as a time-capsule to be healed in all aspects
 - Emotional – Physical - Chemical
- Addresses each event in reverse chronological sequence according to Hering's Laws of Cure

What is considered a “layer”?

- Each trauma or event, illness, etc.
- Each vaccination event and any adverse reactions
- Each emotional trauma
- Each drug or drug combination, its complications, and the illness it treated
- Birth (including vaccines, Mom’s drugs and procedures, C-section, Pitocin, etc.)
- Pre-birth (*in utero* treatments and experiences of mom)

Each event is a “time capsule”

- Held in cells
 - Event memory (emotional)
 - Chemicals, drugs, or toxins
 - Injuries
 - Bacterial or viral loads
- Similar to memories contained in the rings of a tree reflecting historical events of weather, insects, disease, etc.

Each aspect of each time capsule is addressed homeopathically, in reverse, sequential order

- To release suppressed emotions
- To release physical trauma
 - i.e. puncture of vaccine administration
- To release the chemicals, metals, etc.
- To release the bacterial or viral insults

How does one “navigate” through autism treatment with sequential homeopathy?

- By using the individual’s historical timeline as a road map
- By following the “signposts” of symptoms along the roadway to healing
- By relying on the body’s own wisdom to prioritize the healing that is necessary

Requirements of a comprehensive, sequential homeopathic approach to ASD'S:

- Draw from biomedical research in autism
- Apply homeopathic solutions to known pathologies
- Adapt homeopathy to DAN! protocol recommendations

Homeopathic treatment relies on homeopathic remedies, not conventional drugs, nor an overwhelming regimen of nutritional supplements.

Homeopathy is bio-energetic medicine, not bio-chemical

- Because homeopathy works on a bio-energetic level, it is not limited by the blood-brain barrier
- Because homeopathy is bio-energetic, we believe it is capable of detoxifying across all parts/cells of the body

Advantages of Energy Medicine

- Even though its mechanism is bio-energetic, homeopathy affects the biochemical processes and physical health
- Energy medicine affects all aspects of healing-physical, mental, emotional, chemical
- Homeopathy, as energy medicine affects all parts, functions and processes of the body

Disadvantages of Energy Medicine

- Bio-energetic medicine may be “trumped” by biochemical drugs
- It is more difficult to use in conjunction with pharmaceuticals
- It is harder to explain in the same terms as our materialistic viewpoint of medicine

A Profile for Sequential Homeopathy

1. Open the pathways for excretion (emunctories)
 - Gemmotherapy for drainage
 - Liver, Kidneys, Lymphatics, Skin
2. Support and address current symptoms
 - Homeopathically chosen remedies
 - Behaviors and Physical symptoms
3. Reestablish a healthy internal milieu
 - Enderlein / Sanum therapy
 - Neutralize hyperacidity
 - Eliminate high valence microbial organisms to reduce high viral and bacterial loads

4. Signal the body to detoxify specifics along the way
 - Toxic metals (any and all)
 - Other chemical toxins and medication side effects
 - Vaccine injuries
5. Address old symptoms as they arise
 - “Mile markers” of progress

6. Use Homeopathic Secretin in low potencies
 - Steady, consistent improvements
 - Readily available
 - Easily administered
 - Inexpensive

7. Normalize the disrupted metabolic processes with low potency sarcodes
 - support the endocrine system
 - support the methylation process
8. Heal and support the gut
 - Isopathic remedies to balance gut flora
 - Gemmotherapy remedies for improved digestion
 - Sarcodes to reestablish healthy mucous membranes

Does Homeopathy chelate metals?

- Chelation means “to cloak” or bond with a heavy metal ion by using another chemical
- Homeopathy does not “chelate” on a biochemical basis: it can detoxify and promote healing across the blood-brain barrier
- Homeopathy may “detoxify” but without harsh chemicals added to the system which must then also be removed, or remain in the cells

Is Homeopathic Detox safe?

- Completely safe, ***however, due to the symptoms that are an inherent part of and the specific means of detoxification, should be done under professional homeopathic supervision, and in reverse chronological order***
- No chemicals added to already toxic bodies that can't detox easily, anyway
- No nutritional “washout” as seen with chemical chelation agents (i.e. DMPS, EDTA, DMSA, etc.)

How does homeopathy help social and emotional delays?

- Homeopathy is a system of HEALTH improvement, not a behavioral or developmental therapy
- As a child heals, s/he is more quickly able to recover developmental and behavioral milestones with other forms of remediation. Some behaviors fall away just with homeopathic healing.
- We can make some recommendations or referrals to other adjunct therapies when needed.

We have found the best method is to combine several different homeopathic methods in order to address as many of the complexities of autism as possible in a drug-free, chemical-free natural approach.

Intergrative Homeopathy

- Homeopathic remedies
- Water dropper combinations
- Sarcodes
- Homotoxicology combinations
- Gemmotherapy
- Oligotherapy
- Isopathy
- Pleomorphic Sanum remedies

Pleomorphism

- Pleomorphism – many (pleo) forms (morph)
- Having many shapes or appearing in many forms
- The ability of a microorganism to change from one form into another and back again
- Based on the discoveries of Bechamp and Enderlien

GUNTHER ENDERLEIN

(1872-1968)

“ Germs are not representing unchanging organisms that are independent of each other, but altogether they form a singular, common cycle, which has its origin in ...substances called protits that are contained inside of each particular cell.”

Protits are the smallest living thing, not the cell

Internal milieu, or terrain determines the health of the protits and their higher forms

The Morphing Process

- Protists become various other non-virulent forms as they clean up the internal milieu or detoxify the body's internal environment
- As they continue to rid the milieu of toxins they morph into microorganisms: viruses, bacterium, and fungi
- As the milieu becomes toxic and acidic, the symbiotic relationship is lost and the organisms downgrade into the more pathological forms
- They take on a parasitic role as opposed to symbiosis, creating their own waste products and polluting the milieu even further

Application to ASD's

- Antibiotics only change the form, they don't kill the bacteria
- Only as the milieu becomes less toxic and the higher valence forms downgrade, does healing happen
- Toxicity equals acidity, so alkalizing is imperative
- Through the use of isopathic remedies made from Enderlien's non-pathogenic forms, yeast, bacteria and fungi can be downgraded to non-virulent forms

Results with Isopathy

- Lowered viral titers
- Lowered arabinose levels (indicative of yeast and candida) and diminishing of “yeasty behaviors”
- Lowered Strep and Staph levels
- Lowered “gut bug” levels (Klebsiella, Enterococccinum, Citrobaacter, etc)
- Offers non-antibiotic help for lyme

Sequential homeopathy
provides a
means of “navigation”
so the body can course the
waters of autism and heal itself.

Results:

- Better eye contact
- Increased interaction with outer world
- Improved speech
- Less self-stimulation
- More focus
- Reduced viral loads
- Improved sleep
- Improved digestion
- Normalization of bowel problems
- Strengthened immune system
- Healing

We have children who are no longer autistic after working with us. We have many more who are still improving.

Autism is NOT HOPELESS!

What about “Non-responders?”

- Most “non-responders” to biomedical treatment will respond to homeopathy
- Seq.-Int. Homeopathy has been seen to reduce viral, bacterial and fungal levels, as well as increasing output of metals in test results
- When we have children who do not respond to homeopathy, our research pointed us to parasitic infestations

Parasites in Autism

- Parasites thrive with dysfunctional digestive tracts and immune compromised systems
- False positives on tests are the norm
- Must determine based on symptoms
- Prevalent in many older children with autism
- Made worse by added toxins (chemicals of all sorts including drugs)
- May be the “top of the pleomorphic scale”
- Usually behind non-responders to any treatment, including homeopathy

Parasite Symptoms

- Aggression and defiant behaviors
- Teeth grinding and playing with saliva
- OCD (may be combined with high strep)
- “Dr. Jekyll & Mr. Hyde” mood swings
- Teeth grinding
- Behaviors worse at full moon
- Disturbed sleep and irregular sleep patterns
- Fecal smearing & anal itching

How do we eliminate them?

- Herbal combinations must include Black Walnut husks, Wormwood and Cloves
- Many good herbal combinations on market
- Must increase immune system response with homeopathy at same time for best results
- Requires a minimum of 3-4 months for most healthy adults. Much longer for our immune-compromised children

“Take home” points:

- Homeopathy does not add more toxins to autistic children who are already unable to detox efficiently.
- Homeopathy can not create new pathology, or add new pathogens to the body – it is inherently safe
- Homeopathy can only release what is already trapped in the cells

More to “take home”:

- If you don't wish to treat autism sequentially, consider using homeopathy for your child's acute, self-limiting disease symptoms
- Find a study group, buy some books or take a self-care class and learn to use remedies yourself for acute care
- Don't be afraid of using 30c or lower remedies!

Take home points for practitioners:

- Homeopathic secretin, in low, stimulative potencies, is a viable, affordable addition to biomedical treatment of autism (Typically less than \$40 per month)
- Enderlein/Sanum therapy merits further investigation as a well-documented approach to gut dysbiosis, as well as viral and bacterial load reduction in autism
- Homeopathic treatment of acute symptoms may reduce reliance on antibiotics and antiviral medications



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