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Autism is treatable and reversible through biomedicine

In the US actress Jenny McCarthy is making daily headlines with news that can save thousands of children from a lifelong diagnosis of Autism.

Through Oprah and Larry King, Jenny McCarthy has been helping to get a message out loud and clear; **Autism is treatable and reversible!** Ms McCarthy, comedian Jim Carey's partner, is passionate about educating people that Autism is a medical condition with neurological symptoms that when treated can help children regain speech, eye contact and the desire to interact with people. With the help of a biomedical doctor trained by Defeat Autism Now!, Ms. McCarthy has seen her 4 year old son Evan regain language and social skills.

Dr. Antony Underwood, a Sydney-based Pediatrician specialising in biomedicine explains "There is emerging research which indicates oxidative stress from toxicity, infections and allergies is damaging the brains in Autistic children. We can dramatically reduce oxidative stress by eliminating allergens in foods, supplementing with nutrients to support detox pathways and treating chronic infections from bacteria, yeast, parasites and virus."

Dr. Woody McGinnis, a world expert in Autism now based in Auckland, believes oxidative stress is a key factor in Autism. "Our Harvard and Case Western University projects were the first to demonstrate increased markers for oxidation of the brain... Inflammatory and functional gut problems in autism are well-documented, and may be primarily a manifestation of oxidative stress. We know certainly that gut and brain are two parts of the body which are particularly sensitive to oxidative stress.

Word on biomedical intervention has been slow to get out due to lack of research funding. "There is a large gap between clinical evidence and evidence-based science" says Leslie Embersits, Founder & Director of Mindd Foundation. "As a foundation we are trying to bridge this gap by training doctors, educating families and lobbying government in effective biomedical treatments. It takes years for treatments to be researched, published and practiced. These children do not have a lot of time. Early intervention is critical."

Defeat Autism Now! (DAN!) a US-based, non-profit group of doctors, scientists and parents has been researching, developing and promoting biomedical treatments for 14 years. Their bi-annual conferences attract thousands of parents and physicians from around the world.

DAN!'s founder, Dr. Bernard Rimland, pioneered biomedical treatment in treating his own son. He also single-handedly disproved the pervasive medical theory in the 1960's that Autism was a result of poor-mothering, what psychiatrists and physicians termed "refrigerator moms".

Worldwide there is a growing recognition that neuro-developmental disorders are rising at alarming levels. The US center for disease control states that 1 in 165 children have autism and the Department of Health in the UK sites similar rates of 1 in 150. In Australia an independent survey found 1 in 120 children are diagnosed with Autism.

In Australia parents are spreading the word on biomedicine. "After 3 days without casein, gluten, soy and corn my little boy regained his speech" says Karen Wheelright a nurse who reversed her son's autism diagnosis through diet and nutritional medicine. Jan Brenton, a nurse and grandmother, runs a biomedical internet group that supports over 600 Australian families. As with DAN! her group finds the most effective treatment to be detoxing heavy metals, especially mercury, lead and aluminum.

Mindd Foundation is working closely with Defeat Autism Now! to train practitioners and educate families in Australasia. "Similar biomedical treatments are helping children with ADHD, allergies, asthma. Its time for Australia to do the research and invest in effective treatments for the sake of an entire generation of children." says Ms. Embersits.

For more information visit www.mindd.org or phone Mindd Foundation at (02) 9337 3600