Time	Speaker	Food Is Medicine Lectures – Friday 15 May
8:30-8:45		Welcome
8:45-9:35	Dr Lesley Braun	The Role of Complementary Medicine in Mental Health
9:35-10:25	Dr N. Campbell McBride	Gut And Psychology Syndrome
10:25-10:55	Tea & Exhibitors	Tea & Exhibitors
10:55-12:00	Dr N. Campbell McBride	Gut And Psychology Syndrome
12:00-12:50	Sally Fallon	Nourishing Traditions*
12:50-1:50	Lunch & Exhibitors	Lunch & Exhibitors
1:50-2:30	Teresa Cutter	Healthy Eating for the Whole Family
2:30-3:00	Helen Padarin	Foods That Alkalinise & Reduce Inflammation
	Michele Chevaley-Hedge	Vitality, Energy & Serotonin – Its All In Your Food
3:00-3:30	Alex Stuart	Discovery Not Deprivation: Navigating Restricted Diets
4:00-4:30	Maria Hunt	Foods That Fight Infection
4:30-5:00	Q & A	*Exclusive Pre-recorded

Time	Speaker	Children's Health Lectures – Saturday 16 May
8:30-8:45		Welcome
8:45-9:45	Stephanie Seneff, PhD	Glyphosate, the Microbiome and Mental Health
9:45-11:00	Dr Natasha Campbell-McBride	Gut And Physiology Syndrome
11:00-11:30	Tea & Exhibit	Tea & Exhibitors
11:30-12:30	Dr Nancy O'Hara	Auto-Immune Disorders & Their Impact On the Brain
12:30-1:20	Rachel Arthur, ND	The Thyroid Adrenal Health Check-Up
1:20-2:20	Lunch & Exhibitors	Lunch & Exhibitors
2:20:-3:30	Dr Leila Masson	Case Studies; Anxiety, ADHD, Autism, Allergies
3:30-4:45	Panel & Posters	Behavioural Therapies (Self-Esteem, Sonrise, ABA, RDI)
4:45-5:00	Q & A	

Time	Speaker	Children's Health Lectures – Sunday 17 May
8:30-9:20	Nicole Bijlsma, ND	Healthy Home
9:20-10:20	Jessica Tran, ND	Detoxification
10:20-10:50	Tea & Exhibitors	Tea & Exhibitors
10:50-11:50	Dr Jerry Kartzinel	The Metabolic System
11:50-12:40		The Science of Exercise
12:40-1:40	Lunch & Exhibitors	Lunch & Exhibitors
1:40-3:30	Panel & Posters	Neuro & Allied Therapies
3:30-4:30	Carer-Parent Panel	Making It Work At Home
4:30-5:00		Q & A

Time	Speaker	Adult Health Lectures – Saturday 16 May
8:30-8:45		Welcome
8:45-9:45	Stephanie Seneff, PhD *	Glyphosate, the Microbiome & Mental Health: Connecting the Dots
9:45-11:00	Dr Natasha Campbell-McBride	Gut And Physiology Syndrome
11:00-11:30	Tea & Exhibitors	Tea & Exhibitors
11:30-12:30	Dr Nancy O'Hara	Auto-Immune Disorders & Their Impact On the Brain
12:30-1:20	Rachel Arthur, ND	The Thyroid Adrenal Health Check Up
1:20-2:20	Lunch & Exhibitors	Lunch & Exhibitors
2:20-3:10	Danielle Gregory	Building Neuro Pathways for Improved Mood, Concentration & IQ
3:10-4:45	Panel & Posters	Allied Therapies - Naturopathy, Acupuncture, Homeopathy, Kinesiology, Functional Neurology
4:45-5:00	Q & A	*Exclusive Pre-recording

Time	Speaker	Adult Health Lectures – Sunday 17 May
8:30-9:20	Nicole Bijlsma, ND	Healthy Home
9:20-10:20	Jessica Tran, ND	Detoxification
10:20-10:50	Tea & Exhibitors	Tea & Exhibitors
10:50-11:50	Dr Jerry Kartzinel	The Metabolic System
11:50-12:40		The Science of Exercise
12:40-1:40	Lunch & Exhibitors	Lunch & Exhibitors
1:40-2:30		Nutritional Psychiatry
2:30-3:30		Where Is Your Food Coming From? Farming & Human Health
3:30-4:45		Nutritional Medicine - Case Studies
4:45-5:00		Q & A