

Mindd International Forum 2015

Conference & Expo for Health
Professionals & General Public

15-17 May, 2015
Australian Turf Club
Randwick, Sydney

Do you or
your child
struggle
with?



ADHD

Allergies

Anxiety

Asthma

Autism

Depression

Chronic Fatigue

Concentration

Diabetes

Digestive issues

Eczema

Infections

Learning

Pyroluria

Sleep

Memory

Come along to the **Mindd Forum** and learn the latest on foods and treatments for optimal mental and physical health. Meet world experts, health practitioners and celebrity chefs.



Mindd Forum Speakers

Integrative Treatments & Food is Medicine

**Dr Natasha Campbell
McBride, UK**

Author, Gut and
Psychology Syndrome

Dr Jerry Kartzinel, USA

Paediatrician & MAPS
Faculty

Jessica Tran, USA

Naturopathic Doctor

Dr Nancy O'Hara, USA

Paediatrician & MAPS
Faculty

Rachel Arthur

Naturopathic Doctor

Teresa Cutter

The Healthy Chef

And much more...

Register Now!

www.mindd.org

Healthy Cells. Happy Family!

Our health happens at a cellular level

Integrative Healthcare offers a holistic and personalised approach to treatment and prevention that supports the body's innate ability to heal, grow, prevent and fight disease.

Emerging research points to diet, toxins, infections and lifestyle impacting on the 70 trillion cells in the human body as well as the 700 trillion cells that make up the "good bugs" in our digestive tract. By recognising that disease is not solely genetic, we can take charge of our health as well as the wellbeing of future generations.

Best outcomes result from teams of well-trained professionals and educated patients who work together to select, sequence and integrate treatments that treat the whole individual with a focus on addressing core causes versus symptoms.



Australian Children Need Our Help!

- ADHD affects 10% of Australian children, Allergies 30%, Asthma 25%, Autism-nearly 1%.
- Over 50% of our children are low in iodine which affects IQ.
- Childhood cancer, diabetes, obesity & depression have all more than doubled in the past 2 decades.
- Food allergies can be misdiagnosed as ADHD.
- Digestive problems can cause allergies, asthma, anxiety, eczema, depression, weight and attention issues.
- Healthy fats are critical for brain function that impacts on concentration, sleep and mood.

* For references and registration visit mindd.org

General Public Education

Find Your Balance – Reduce Stress & Inflammation

Food Is Medicine

Lectures, cooking demos and tastings featuring Dr Natasha Campbell-McBride

Healthy lunch boxes

Digestive Health

Immune Support

Fighting Infections

Building Muscle

Boost IQ

GAPS, Body Ecology,

SCD, Paleo

Juicing

Healthy Desserts

Fermented Foods

Good Fats

Taming Carb Cravings

Traditional Foods

Gluten-Free, FODMAPS,

Weston Price

Integrative Treatments

Lectures, workshops & panels on paediatric, teen and adult health

Nutrient Therapy

Special Diets

Biomedicine

Energy Medicine

Natural Therapies

Auditory Processing

Behavioural Therapies

Sensory Integration

Functional Neurology

Nutritional Psychiatry

Visual Processing

Detoxification

Exercise

Healthy Home



Practitioner Training

For Doctors, Nutritionists, Dieticians, Allied Professionals, Neuro Specialists.
Practitioners will receive certification and be posted online.

In 2015 Mindd Practitioner training will include a 2 day MAPS training with Drs Kartzinell and O'Hara and Jessica Tran ND as well as a full day Mindd workshop with Rachel Arthur ND, Dr N Campbell McBride, Dr C Yeoh, Dr L Masson and more.

The Medical Academy of Pediatric Special Needs (MAPS) will provide a clinic-focused, evidence-based training for practitioners wanting to be among the best-prepared clinicians in the field of complex pediatric conditions including Dieticians, Doctors, Chiropractors, Naturopaths, Nurses, Nutritionists, Psychiatrists, Psychologists, Researchers.

Attendance at all 3 days is a prerequisite for certification and website listing.

Seating is limited and bookings are essential at
www.mindd.org



Mindd Foundation
Healthy Cells for Life™

Metagenics
Genetic Potential Through Nutrition

ETHICAL NUTRIENTS
PROFESSIONAL NATURAL MEDICINES

KINGSWAY
Compounding

spectrum
CEUTICALS



Dr C-McBride



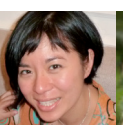
Dr N O'Hara



Dr J Kartzinell



J Tran, ND



Dr C Yeoh



Dr L Masson



R Arthur, ND



Teresa Cutter