

HOMEOPATHIC SOLUTIONS for ASD Kids

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OUTLINE

- What **IS** Homeopathy?
- Acute Conditions
- Chronic Conditions
- Cases

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HISTORY

- Germany, 1790 - Developed from orthodox medicine
- Early 1900's: Homeopathic hospitals in Sydney, Melbourne & Hobart
- UK: Five hospitals with homeopathic clinics
- Recognised by WHO

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WHAT **IS** HOMEOPATHY?

- Complete system of medicine
- Medicines prescribed individually
- Safe, gentle, non-toxic

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HOW DOES HOMEOPATHY WORK?

LAW OF SIMILARS

What a substance can cause, it can cure.

Examples:

- bee stings - honeybee (**Apis**)
- insomnia - coffee (**Coffea**)
- hay fever - red onion (**Allium Cepa**)

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MEDICAL EXAMPLES of the Law of Similars

- **Radiation** - causes and treats cancer
- **Ritalin** - causes & treats hyperactivity

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WHAT CAN HOMEOPATHY DO?

- Reduces the need for medication
- **Acute conditions:** tonsillitis, ear infections, colds, fevers, tummy bugs
- **Chronic conditions:** poor immunity, allergies, digestive problems

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BENEFITS OF HOMEOPATHY

- First line of treatment: lessens need for medications
- Good compliance
- Use with other treatments
- Cost effective

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Stock medicine added to alcohol & water



Homeopathic drops being prepared for children
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Drops & pilules have same therapeutic effects



Preparing Homeopathic pilules

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ACUTE INFECTIONS *begin with inflammation*

- Redness -> fever, ear, throat infection
- **Ferrum Phosphoricum** - First stage of any inflammation
- **Belladonna** - burning with redness - cheeks, face, ears

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EAR INFECTIONS *(Otitis Media)*

- **Treat causation:**
Runny nose, cold, sore throat, cold weather
- **Sudden onset:** *Belladonna, Aconite*
- **Established:** *Mercurius, Pulsatilla*

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TONSILLITIS

Common remedies:

- *Baryta Carbonicum*
- *Belladonna*
- *Hepar Sulphuris*
- *Phytolacca Decandra*

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ALLERGIC REACTIONS

• Acute Allergies:

Arsenicum Album, Histaminum, Apis Mellifica, Natrum Muriaticum.....

• Individual Prescription

Tuberculinum Bovinum

• Desensitising Treatments

For single allergies, not individualised

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CHRONIC CONDITIONS in ASD:

- Allergies
- Inflammatory states: poor absorption of nutrients
- Never well since vaccination
- Obstinate constipation/chronic diarrhoea

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CONSTITUTIONAL *Homeopathic Treatment*

- Most profound effects across a wide range of symptoms
- In conjunction with diet
- Methods vary between practitioners

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CONSTIPATION/DIARRHOE A

- Constipation - lead, aluminium toxicity
- Diarrhoea/mushy stools: Gut parasites, mercury toxicity
- *Individually* prescribed remedies give best results

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ZAC - 4 years

- Undiagnosed
- Severe behavioural problems
- Sinus & allergy problems
- Torticollis since birth
- Not well since first DTP vaccination
- Bowels opened every 12-14 days
- *Prescribed Calcareo Carbonica*

Case from Nyema Hermiston, Mittagong
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ZAC - One Month Later

- 1 day after first dose: huge bowel motion
- Bowels now open every two days
- Behaviour 85% better
- Torticollis improved
- Speech therapist noted “dramatic improvement”

Case from Nyema Hermiston, Mittagong
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STEFAN Heavy Metal Toxicity

- Diagnosed autistic 2 ½ yrs
 - Little eye contact, fixation, staring, head banging, little connection with family
 - Diarrhoea
 - Grinds and clenches teeth, wrist drop.
- Prescribed **Plumbum (homeopathic lead)**

Case from Patricia Janssen, Crows Nest
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7 Weeks Later

- ✓ Made eye contact within a few days
- ✓ Less head banging
- ✓ Attention improved
- ✓ Interacting with mother
- ✓ Appetite increased
- ✓ Got on his tricycle and rode it.

Case from Patricia Janssen, Crows Nest

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SARA 5yrs

- Diagnosed autistic at 3yrs
- On Pfeiffer protocol, doing well
- Parachoc since diagnosis
- Parents wanted immune support
- Stools like pellets
- *Prescribed homeopathic Silica*

Case from Nyema Hermiston, Mittagong
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One Month Later

- ✓ Bowels open daily after 3 weeks, no Parachoc
- ✓ Discharge gone, no teeth grinding, mood, conversation, development improved
- **Silica** repeated as needed when bowel action slows

Case from Nyema Hermiston, Mittagong
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JEN 12yrs

- ADD, ODD asthma eczema
"You can't make me"

Treated 18 months: **Ammonium Carb**

Ref: 'Challenging Children: Success with Homeopathy' Linlee Jordan

A LITTLE HISTORY

- **'Intestinal germs are connected with chronic disease'**

Dr. Edward Bach (1886 - 1936) Bacteriologist, London

- *Dr John Paterson (1890 - 1955)* researched bowel flora over 20 yrs - 20,000 stool specimens

"Homeopathic potencies are capable of completely altering the bacterial flora of the bowel"

Ref: 'A Survey of the Nosodes' Elizabeth Paterson 1957
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VACCINE REACTION

- Give soon after negative reaction
- Homeopathic preparation of vaccine

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SAM

- 10mths: Bowel bleeding following Salmonella
- Speech stopped
- Night terrors 3-4 times night
- Head banging
- Attacked, bit, abused
- Couldn't feed/dress himself
- 'Presented as a deaf child' (Paediatrician)

Case from Jen Campbell, Wollongong

SAM'S TREATMENT

Started at 3½ yrs

➤ ***Nux Vomica & Stannum Metallicum***
Result: black particles in stools

✓ Night terrors lessened, flatulence gone

➤ ***Pedvax (homeopathically prepared)***

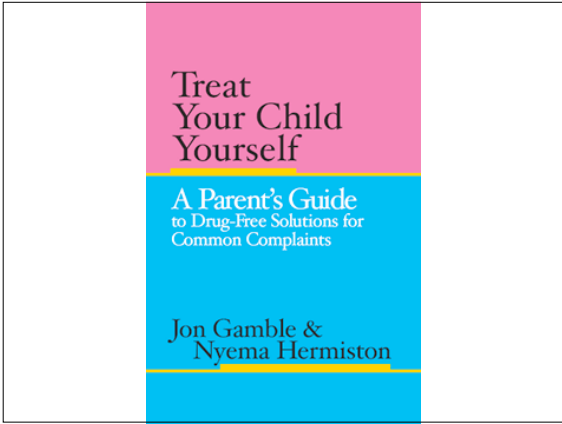
✓ Started talking again

Case from Jon Gamble Wollongong
("Challenging Children, Success with Homeopathy")
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GETTING STARTED

- Treat acute problems at home
- Have a few core medicines at home
- Use as a **first** resort, in early stages

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Treat
Your Child
Yourself

A Parent's Guide
to Drug-Free Solutions for
Common Complaints

Jon Gamble &
Nyema Hermiston

Contact local homeopath
for medicines most likely
to be needed



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BOOKS

PARENTS:

- ***Treat Your Child Yourself: A Parents Handbook***
by Jon Gamble & Nyema Hermiston
- ***Challenging Children, Success with Homeopathy***
by Linlee Jordan

PRACTITIONERS:

- ***Mastering Homeopathy*** - Accurate Daily Prescribing for a Successful Practice - by Jon Gamble
- ***Everyday Homeopathy for Pharmacists*** - Michele Boiron & Alain Payre-Ficot (available www.keysun.com Ph 02 99791381)
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FINDING A QUALIFIED HOMEOPATH:

- **Australian Register of Homoeopaths (AROH)**
Government recognised training

www.aroh.com.au

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