Homeopathy and the Child

presented by

Fran Sheffield

www.fransheffield.com.au www.homeopathyplus.com.au www.homeopathy4autism.com www.d-n-h.org

What is Homeopathy?

- 200-year-old system of medicine
- Safe, gentle, effective
- Treats acute and chronic disease
- Prescribes medicines (remedies) according to the Law of Similars
- Triggers a self-healing response from the body

How Can Homeopathy Help My Child?

- Reduce allergies
- Improve digestion
- Treat infections and other disease states
- Increase resistance and immunity
- Relieve anxiety and OCD behaviours
- Address behavioural issues (ADHD, ASD)
- Assist with chemical and heavy metal detox
- Reduce the need for other medication
- Treat vaccine damage
- *Improve mental and physical health overall

What is the Law of Similars?

- Natural law a relationship between "similars"
- "Like treats like"
- "Like prevents like"

Simple examples of homeopathy and the Law of Similars

- Onion and hayfever
- Coffee and hyperactivity
- Ritalin and Dexamphetamine for ADHD

Problems with the "Ritalin - Dex" example

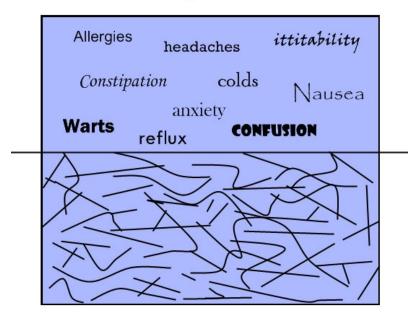
- One size fits all no individualisation therefore of limited benefit.
- Contrast with homeopathic treatment of ADHD.
- Risky chemicals medicines produce toxic side-effects that poison or harm.

Homeopathic Medicines

- "Energy" medicines rather than chemicals
- Frequently called "remedies"
- Prepared by a "potentisation" process
- Dispensed as water doses or sugar pills – yummy!
- Compliance is high easy to take

We are both Biochemical and Bioenergetic Beings

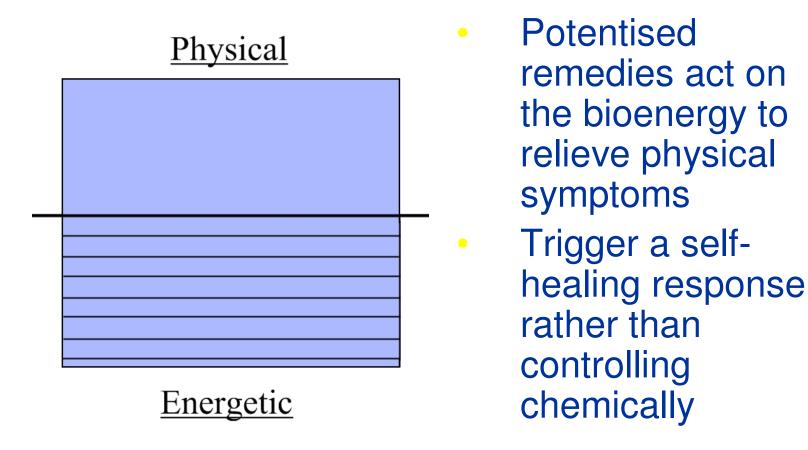
Physical



Energetic

- Energy underpins the physical
- Disturbances in the bioenergy cause symptoms in the physical

Working with the Body



What is potentisation?

- Serial dilution and succussion.
- Imprints energetic information onto a carrier.
- Carrier carries this information into the bio-energy of the body to trigger a self-healing response.
- Exact mechanism not yet understood recent research with spectroscopy repeatedly identified differences between remedies, water and potencies (Roy et al, 2007, Pennsylvania State and Arizona Universities - see www.d-n-h.org).

Getting to the Problem (1)



- The rotting garbage is the problem, not the flies
- Susceptibility or predisposition allows us to become unwell

Getting to the Problem (2)

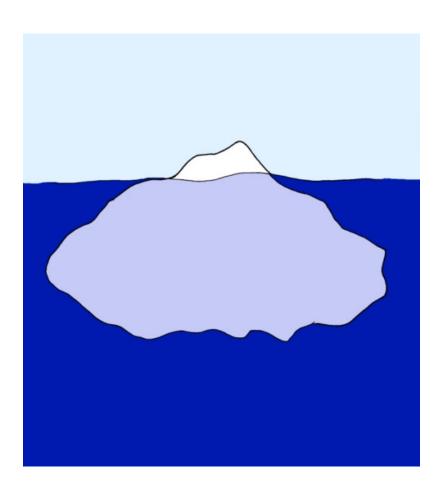


- Spraying the flies does not get rid of the garbage
- Susceptibility and inherent weaknesses have to be addressed

What can homeopathy treat?

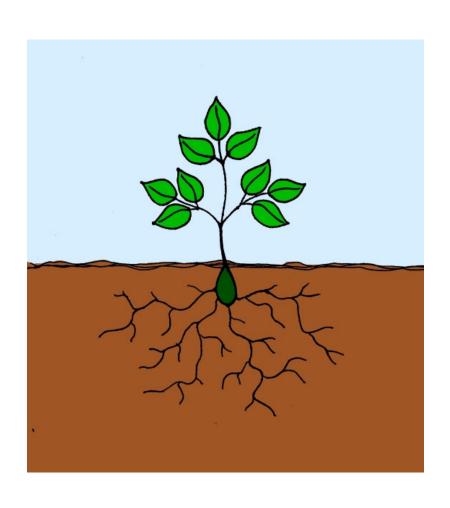
- Acute problems (self-care or by practitioner).
- Chronic problems (practitioner).
- Iceberg example.
- Susceptibility to epidemic diseases (prevention).

The Iceberg Example



- Acute problems such as colds and tummy bugs are the tip of the iceberg
- A chronic imbalance often sits underneath
- Full health is restored only when acute and chronic tendencies are removed.

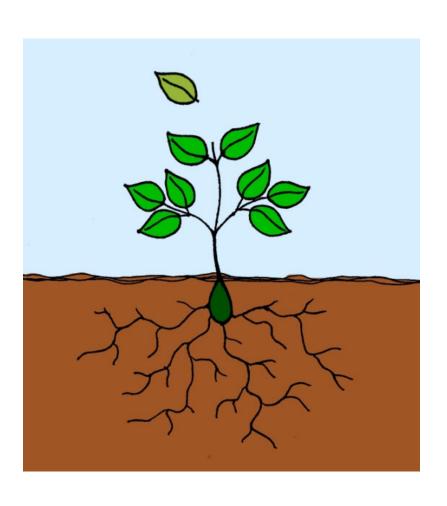
III-Health is Like a Weed (1)



 A leaf does not a plant make

Often we focus on a single problem and fail to see the whole picture

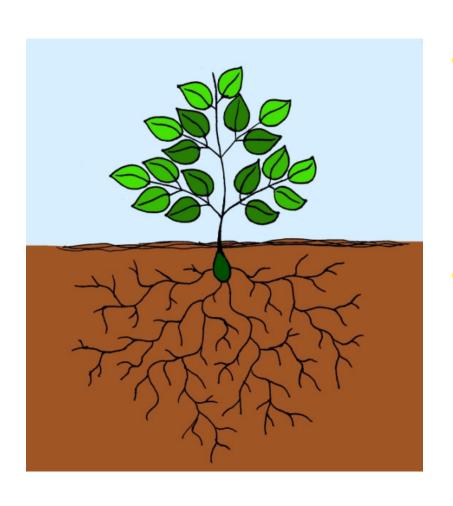
III-Health is Like a Weed (2)



 Removing a leaf does not kill the weed

Removing a single symptom does not treat the "disease"

III-Health is Like a Weed (3)



- Removing a single leaf will cause the weed to grow.
 Removing the weed by its roots will cause it to die
- Removing a single symptom worsens the energetic imbalance. Removing the entire "symptom complex" restores true health.

Benefits of Homeopathic Treatment (1)

- Individualised treatment = good results (in contrast, "one size fits all" treatment = variable results).
- Hayfever example numerous remedies depending on the individual's unique symptoms (not everyone gets onion!).
- Potentised remedies are energy rather than chemical medicines -normalise rather than chemically control function.
- Easy to use liquids taste like water, pilules taste like sugar.

Benefits of Homeopathic Treatment (2)

- No toxic chemical effects
- Will not produce allergic reactions.
- Removes yeast without "die-off" effects
- Unlike antibiotics will not create gut dysbiosis.
- Do not interact with other medicines.
- Increase immunity without vaccine associated risks.
- Reach the energetic seat of disturbance rather than just control or suppress surface physical symptoms (weed and root example).

Homeopathic Immunisation

- Law of Similars "like prevents like" rather than "like treats like".
- Prescribed before infection (for protection) according to the fixed and characteristic symptoms of the epidemic disease rather than for treatment of the individual's idiosyncratic response after infection.
- Improves resistance by removing the energetic weakness or susceptibility to the epidemic disease.

Recent studies - meningococcal prophylaxis (1)

- In 1974, during an outbreak of meningococcal disease in Brazil, 18,640 children were immunised homeopathically against meningococcal infection, and 6,340 were not. The following results were obtained:
 - 1. 18,640 protected homeopathically 4 cases of Meningococcal infection.
 - 2. 6,340 not protected 32 cases of Meningococcal infection.

Recent studies - meningococcal prophylaxis (2)

- A total of 65,826 people between the ages of 0-20 were immunised homeopathically against meningococcal disease while 23,532 were not. Over a 12 month period, the following results were obtained:
 - 1. 65,826 protected homeopathically 4 cases of meningococcal infection.
 - 2. 23,532 not protected 20 cases of meningococcal infection.

Recent studies - Golden Research - 1986 - 2004

- PhD research at Swinburne University (Melb) two strands:
 - 1. 15 year clinical study retrospectively examined the degree of protection against childhood infectious diseases in 1,159 children treated with homeoprophylaxis.
 - 2. General health survey assessed the relationship between chronic disease in children and immunisation choices made on their behalf (examined the incidence of asthma, eczema, ear and hearing problems, allergies, and behavioural problems).
- Examined the safety of homeopathic immunisation.

Recent studies - Golden research - findings (1)

- Effective 90.4% protection rate against childhood epidemic diseases (no method of immunisation provides 100% protection).
- Non-toxic and extremely safe.
- Reactions in less than 2% of children.
 - 1. Generally mild.
 - 2. Corrective effect?
- Immunisation choices do affect the degree of chronic disease in children.

Recent studies - Golden research - findings (2)

- Analysis of the 4 groups showed:
 - 1. The homeopathically immunised group was the healthiest.
 - 2. The homeopathically immunised group had less asthma, eczema, allergies, and behavioural problems.
 - 3. In relation to asthma, immunising a child with homeopathy was 15 times safer than immunising by vaccines and 6 times safer than doing nothing at all.
 - 4. The sickest group, by a significant margin, was the vaccinated group. The children in this group were sicker than those in the group that had done nothing at all.

Where do I go for More Information on Homeopathy?

Tutorials and FAQs are available on:

www.homeopathyplus.com.au and

www.fransheffield.com

Where do I go for more information on homeopathic immunisation?

To The Do No Harm Inc. (www.d-n-h.org).

- 1. Information for practitioners and the public.
- 2. List of frequently asked questions available.
- 3. List of remedies how and when to give them.
- 4. Latest research and activities.
- 5. Golden Staph (MRSA) research commencing.

Clinical Snapshots

Autism Examples

Syphilinum helped this tenyear-old boy with autism:

Fear and anxiety; about many things; fear of food being contaminated, of bath water being toxic; avoiding the presence of others; leg pains at night; sleepless at night; scabs inside nose with thick greenish discharge; patch of eczema under nose.

Tarentula hispanica helped this ten-year-old boy with autism:

Severe, hard constipation for 31/2 years; dark bluish circles, like rings, on cheeks; acrobatic: climbing, swinging, jumping, constantly moving; desiring chocolate; dislike for meat, spices; loves to dance to music; fascinated with the colour red; violent tantrums, throws things.

Carcinosin helped this tenyear-old boy with autism:

Frequent asthma; smelly feet; desiring chocolate, meat, salt; fear of thunderstorms; unusually artistic and creative; responsible and conscientious within limits of awareness; love of being outside in the elements and with nature; love of animals; adoring the beach; brown pigmented spots on skin.

Belladonna helped this tenyear-old boy with autism:

Head-banging; biting others; fear of water; excessive thirst for water; fear of the dark: must have company; night terrors; loving to sing; loving to dance; eyes sensitive to light; right-sided haemangioma; eczema; Jeckyl and Hyde personality.

Bufo rana helped this tenyear-old boy with autism:

Frequent colds with yellow-green discharge; obsession by toy animals and animals in books but fear of real ones; frequent and public masturbation; laughter when others are upset; constantly licking lips.

Medorrhinum helped this tenyear-old boy with autism:

Asthma that improves on holidays by the sea; love for ice and oranges; comforting himself by getting in knee-chest position, going to sleep in same position; banging head on floor; violent tantrums; frequent redness around anus "like a traffic light"; refuses to walk on grass in bare feet.

Sepia helped this ten-year-old boy with autism:

Irritability; dislike of affection or being touched; dislike of comfort; lack of energy; splotches of pigmentation on abdomen; upset when people laugh because thinks it is at him; cracked eczema on back of hands and knuckles; frequent crying for no reason.

End of Presentation

Thank You!