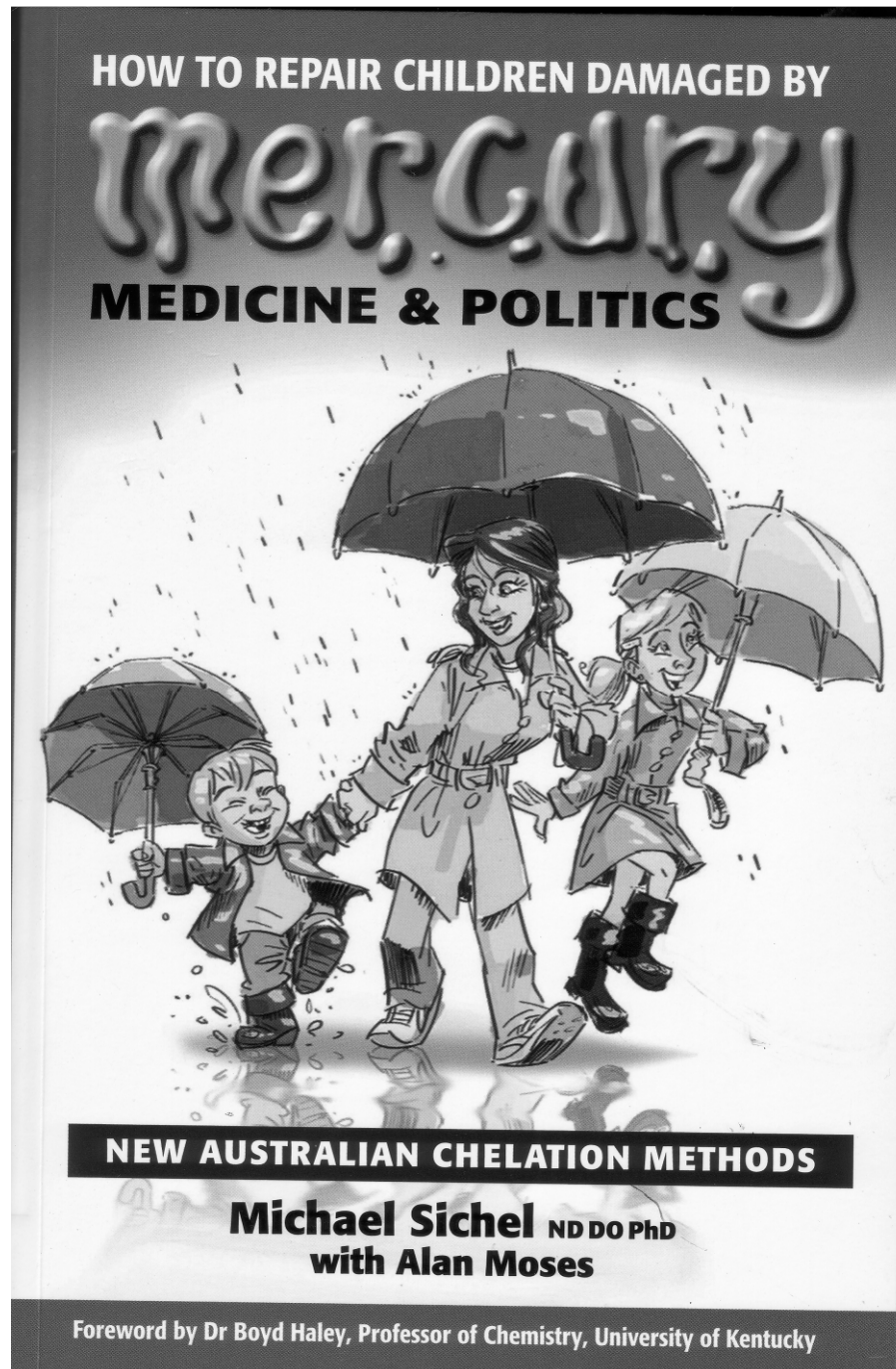


**THE  
WORKSHOP**

Making it  
easy for  
parents ...



# The Good News in 2008

Today, parents who carefully follow biomedical programs can expect significant to total restoration for their ASD CHILDREN (including regressive autism) \*

- early intervention gives best results
- under 6 -7 yrs has best response
- girls respond quicker than boys
- we see at least five times more boys than girls
- full recovery can take 5 months to 3 years +

\* **Parent report census – 59 parents.** M.Sichel & F.Dalton 2005

## Parents Testimonial 23/2/08

- “... amazingly fast results!
- In 5 weeks 13 yr daughter’s concentration/attention levels improved greatly ...saw results in only 4 days
- Completed ALL her homework in last 5 weeks, with little supervision and remembered to hand it in.
- Normally needed constant monitoring - never completed it all and forgot to hand it in ... last year (term 4) didn’t hand in once.
- Problems through schooling (now grade 5) - tried many things, including DF diet, fish oil, probiotics, naturopathic remedies – none helped **attention, memory/focus problems** until now.
- My husband and I are truly amazed & thankful - finally found effective treatment!”

## What we did ...

- Dairy/gluten/sugar/yeast-free diet
- Meal reversal (a major meal @ Breakfast)
- Digestive enzymes
- Mother shown how to test urine pH
- Oxycolonc powder – cleanse bowels
- Special probiotics
- ‘Dioxychlor’ – natural antibiotic
- Natural chelation
- Pathology ordered

# Autism Research Institute San Diego over 34 yrs

## Parent Ratings – Drugs

DRUGS	Got Worse <sup>A</sup>	No Effect	Got Better	Better:Worse	No. or Cases <sup>B</sup>
<b>Phenobarbiturates</b>					
Prolixin	33%	36%	31%	0.9:1	87
Prozac	32%	32%	36%	1.1:1	1031
Risperidal	17%	29%	53%	3.1:1	471
Ritalin	45%	26%	29%	0.7:1	3650

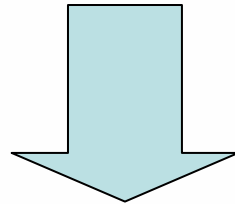
## SPECIAL DIETS

Candida Diet	3%	45%	52%	17:1	641
Feingold Diet	2%	47%	50%	21:1	666
GF-CF Diet	4%	33%	63%	16:1	933
Removed Chocolate	2%	49%	49%	30:1	1571
Removed Eggs	2%	60%	37%	16:1	949
Removed Milk					
Products/Dairy	2%	50%	48%	29:1	5159
Removed Sugar	2%	51%	47%	23:1	3486
Removed Wheat	2%	52%	46%	26:1	2842
Rotation Diet	3%	50%	47%	19:1	708

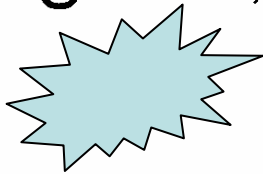


## **MEAL REVERSAL**

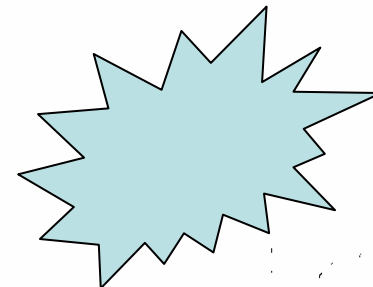
**The single most important meal change  
lose weight - sleep better - improve health**



- A major protein meal for breakfast
- A good wholegrain & protein lunch
- A lighter, earlier protein-free evening meal



**NEVER EAT CEREALS MILK & SUGAR  
FOR BREAKFAST !**



## Normally

### CHILDREN HAVE POWERFUL NATURAL IMMUNITY

- Our job, as parents or practitioners, is to enhance that marvellous natural system.
- All that we do should be aimed at taking loads off that system & enhancing it
- Once this is done, even the unhealthiest child's immune system will bounce back!
- “Medicines don't cure our bodies - our bodies cure themselves” Ronald Glasser MD (“The Body is the Hero”)

# WHY SO MANY VARIETIES OF ASD CHILDREN? All regressing from normal?

- ADD
- ADHD
- OCD
- PDD
- Aspies
- Autism
- ODD
- NOS

Because every child has a unique biological 'finger-print', including familial inherited weaknesses - **each child/infant responds in different ways** to the **SAME** environmental cause (trigger).

So, **treating those causes benefits every child** via their unique immune system.



All ASD children have one or more of these  
**Problem triggers**

- DIGESTIVE & INTESTINAL MALFUNCTION
- NUTRITIONAL DEFICIENCIES & TOXIC OVERLOADS
- BRAIN NEUROTRANSMITTER PROBLEMS
- **SKEWED IMMUNE SYSTEM**
- GENERAL INFLAMMATION
- SUB-CLINICAL INFECTIONS

**What causes these triggers?**

## Coal Fired Power Plants can **cause** autism

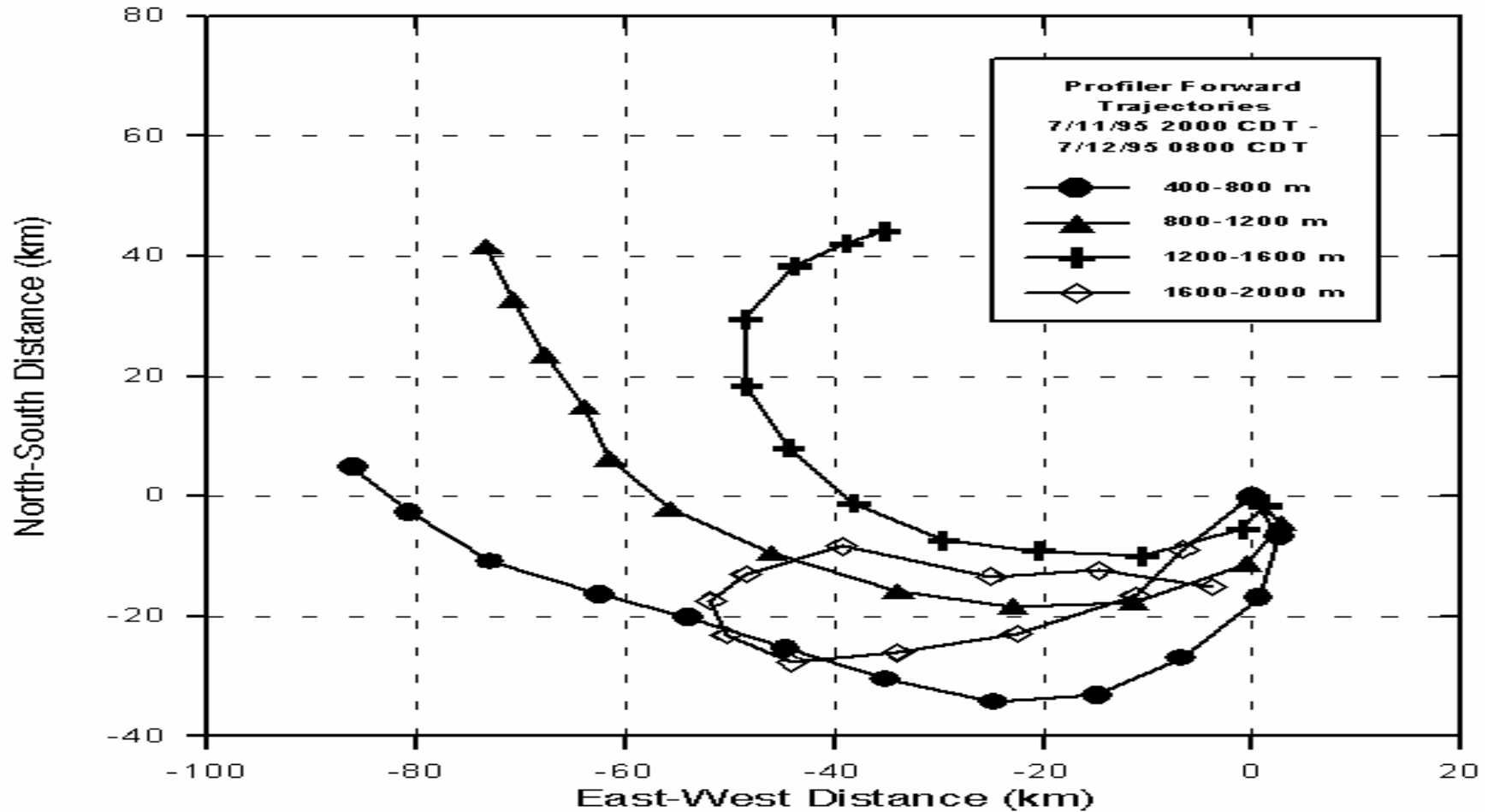
University of Texas Study finds children's risk of developing autism increases with proximity to coal-fired power plants.

A child living 6 km from a coal-burning power plant has a 2 percent higher risk of developing autism than a child living 12 km away.

(Safe Minds **May 2008**)

In some children the trigger overcomes immunity

# Power station Plumes carry particles with heavy metals for many kilometres



## Common 'bad' metals released from coal

- Mercury
- Cadmium
- Lead
- Arsenic
- Antimony

These metals can **cause** many cognitive and behavioural problems behind ASD

## HAIR ELEMENTS



LAB#: H071226-0611-1  
 PATIENT: Liam Clarke  
 SEX: Male  
 AGE: 7

CLIENT#: 28743  
 DOCTOR: Michael Sichel, DO  
 Fountaindale  
 Po Box 5054  
 Chittaway Bay, Nsw, 2261 AUSTRALIA

### POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT $\mu\text{g/g}$	REFERENCE RANGE	PERCENTILE	
			68 <sup>th</sup>	95 <sup>th</sup>
Aluminum	10	< 8.0		
Antimony	0.038	< 0.066		
Arsenic	0.70	< 0.090		
Beryllium	< 0.01	< 0.020		
Bismuth	0.034	< 2.0		
Cadmium	0.040	< 0.15		
Lead	0.74	< 1.0		
Mercury	0.14	< 0.40		
Platinum	< 0.003	< 0.005		
Thallium	< 0.001	< 0.010		
Thorium	0.002	< 0.005		
Uranium	0.014	< 0.060		
Nickel	0.09	< 0.40		
Silver	0.12	< 0.13		
Tin	0.43	< 0.30		
Titanium	0.37	< 1.0		

Total Toxic Representation

### ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT $\mu\text{g/g}$	REFERENCE RANGE	PERCENTILE				
			2.5 <sup>th</sup>	16 <sup>th</sup>	50 <sup>th</sup>	84 <sup>th</sup>	97.5 <sup>th</sup>
Calcium	305	160 - 500					
Magnesium	17	12 - 50					
Sodium	66	12 - 90					
Potassium	28	10 - 40					
Copper	23	9.0 - 30					
Zinc	97	110 - 190					
Manganese	0.50	0.19 - 0.60					
Chromium	0.51	0.23 - 0.50					
Vanadium	0.075	0.025 - 0.10					
Molybdenum	0.062	0.040 - 0.089					
Boron	0.56	0.50 - 3.5					
Iodine	0.60	0.25 - 1.3					
Lithium	0.004	0.007 - 0.023					
Phosphorus	144	160 - 250					
Selenium	0.86	0.95 - 1.7					
Strontium	0.28	0.21 - 2.1					
Sulfur	46800	45500 - 53000					
Barium	0.54	0.19 - 1.6					
Cobalt	0.011	0.013 - 0.035					
Iron	15	6.0 - 17					
Germanium	0.031	0.045 - 0.065					
Rubidium	0.039	0.009 - 0.090					
Zirconium	0.22	0.060 - 0.70					

### SPECIMEN DATA

COMMENTS:  
 Date Collected: 12/18/2007  
 Date Received: 12/26/2007  
 Date Completed: 1/3/2008  
 Methodology: ICP-MS

Sample Size: 0.196 g  
 Sample Type: Head  
 Hair Color:  
 Treatment:  
 Shampoo:

### RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	17.9	4 - 30
Ca/P	2.12	0.8 - 8
Na/K	2.36	0.5 - 10
Zn/Cu	4.22	4 - 20
Zn/Cd	> 999	> 800

V06.99

## HAIR ELEMENTS



LAB#: H080520-0009-1  
 PATIENT: Liam Clarke  
 SEX: Male  
 AGE: 7

CLIENT#: 28743  
 DOCTOR: Michael Sichel, DO  
 Fountaindale  
 Po Box 5054  
 Chittaway Bay, Nsw, 2261 AUSTRALIA

### POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT $\mu\text{g/g}$	REFERENCE RANGE	PERCENTILE	
			68 <sup>th</sup>	95 <sup>th</sup>
Aluminum	16	< 8.0		
Antimony	0.032	< 0.066		
Arsenic	0.24	< 0.090		
Beryllium	< 0.01	< 0.020		
Bismuth	0.032	< 2.0		
Cadmium	0.060	< 0.15		
Lead	1.1	< 1.0		
Mercury	0.22	< 0.40		
Platinum	< 0.003	< 0.005		
Thallium	< 0.001	< 0.010		
Thorium	0.002	< 0.005		
Uranium	0.017	< 0.060		
Nickel	0.30	< 0.40		
Silver	0.10	< 0.13		
Tin	0.43	< 0.30		
Titanium	0.67	< 1.0		

Total Toxic Representation

### ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT $\mu\text{g/g}$	REFERENCE RANGE	PERCENTILE				
			2.5 <sup>th</sup>	16 <sup>th</sup>	50 <sup>th</sup>	84 <sup>th</sup>	97.5 <sup>th</sup>
Calcium	336	160 - 500					
Magnesium	110	12 - 50					
Sodium	82	12 - 90					
Potassium	50	10 - 40					
Copper	28	9.0 - 30					
Zinc	140	110 - 190					
Manganese	0.13	0.19 - 0.60					
Chromium	0.44	0.23 - 0.50					
Vanadium	0.058	0.025 - 0.10					
Molybdenum	0.10	0.040 - 0.089					
Boron	0.96	0.50 - 3.5					
Iodine	0.56	0.25 - 1.3					
Lithium	0.004	0.007 - 0.023					
Phosphorus	184	160 - 250					
Selenium	0.91	0.95 - 1.7					
Strontium	1.9	0.21 - 2.1					
Sulfur	52400	45500 - 53000					
Barium	0.84	0.19 - 1.6					
Cobalt	0.014	0.013 - 0.035					
Iron	17	6.0 - 17					
Germanium	0.035	0.045 - 0.065					
Rubidium	0.046	0.009 - 0.090					
Zirconium	0.19	0.060 - 0.70					

COMMENTS:  
 Date Collected:  
 Date Received: 5/20/2008  
 Date Completed: 5/24/2008  
 Methodology: ICP-MS

Sample Size: 0.199 g  
 Sample Type: Head  
 Hair Color:  
 Treatment:  
 Shampoo: Natural

### RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	3.05	4 - 30
Ca/P	1.83	0.8 - 8
Na/K	1.64	0.5 - 10
Zn/Cu	5	4 - 20
Zn/Cd	> 999	> 800

V06.99

# In 2005 we found Japanese poultice footpads efficiently & consistently removed heavy metals

Test.No	C000004751			<b>毛髪ミネラル検査表</b> <i>Hair Elements Analysis Report</i>			
Test.Date	Year: 2004 Month: 10 Date: 18						
Report.Date	Year: 2004 Month: 10 Date: 25						
Toxic Heavy Metals	Low ~ top border(ppb)	Level(ppb)	Previous(ppb)	History(ppb)	Low Level	Medium Level	High Level
Ⓐ Be Beryllium	0.70 ~ 3.50	0.30					
Ⓑ Cd Cadmium	4.50 ~ 49.00	4.05					
Ⓒ Hg Mercury	1800.00 ~ 9500.00	9701.50					
Ⓓ Al Aluminum	1900.00 ~ 9500.00	855.50					
Ⓔ Pb Lead	170.00 ~ 1700.00	1942.00					
⓫ As Arsenic	25.00 ~ 150.00	61.27					

\* Patient was given dosage of Medicinal Herb Kenrico Detox Patches over period of 3 months.  
 \* Specification of dosage 2 patches daytime 2 patches before sleep everyday.

Test.No	C0000038100			<b>毛髪ミネラル検査表</b> <i>Hair Elements Analysis Report</i>			
Test.Date	Year: 2005 Month: 01 Date: 18						
Report.Date	Year: 2005 Month: 01 Date: 27						
Name	[REDACTED]			[REDACTED]			
Sex	Male	Age	31				

**Encountered Heavy Metals** \* Low border indicates the maximum value for low level encounters. Top border indicates the maximum value for high level encounters.

Toxic Heavy Metals	Low ~ top border(ppb)	Level(ppb)	Previous(ppb)	History(ppb)	Low Level	Medium Level	High Level
Ⓐ Be Beryllium	0.70 ~ 3.50	0.17					
Ⓑ Cd Cadmium	4.50 ~ 49.00	1.00					
Ⓒ Hg Mercury	1800.00 ~ 9500.00	1799.25					
Ⓓ Al Aluminum	1900.00 ~ 9500.00	483.00					
Ⓔ Pb Lead	170.00 ~ 1700.00	156.00					
⓫ As Arsenic	25.00 ~ 150.00	10.30					
Ⓓ Al Aluminum	1900.00 ~ 9500.00	483.00					
Ⓔ Pb Lead	170.00 ~ 1700.00	156.00					
⓫ As Arsenic	25.00 ~ 150.00	10.30					

## 2005 Our first indication of the power of footpad chelation

---

NO SPEECH to NORMAL  
AFTER SIX WEEKS ON FOOTSIES

- 5 YR OLD BOY (August 2005 client)  
Post vax – jumbled, incomprehensible  
Through circumstances, used **only one pad per night** (our low allergy version).  
+ CH 77 on pad  
Now speaks normally



# CHELATION OF HEAVY METALS

## Footsies (Poultice)

Poultices have a particular ability to draw



Before Sleep    On Waking

The  
**SICHEL PROTOCOL**





## HAIR ELEMENTS



LAB#: H070806-0416-1  
 PATIENT: **www**  
 SEX: Male  
 AGE: 5

CLIENT#: 28743  
 DOCTOR: Michael Sichel, DO  
 Fountaindale  
 Po Box 5054  
 Chittaway Bay, Nsw, 2261 AUSTRALIA

### POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT $\mu\text{g/g}$	REFERENCE RANGE	PERCENTILE	
			68 <sup>th</sup>	95 <sup>th</sup>
Aluminum	14	< 9.0		
Antimony	0.021	< 0.066		
Arsenic	0.069	< 0.090		
Beryllium	< 0.01	< 0.020		
Bismuth	0.010	< 2.0		
Cadmium	0.15	< 0.15		
Lead	2.4	< 1.0		
Mercury	0.48	< 0.40		
Platinum	< 0.003	< 0.005		
Thallium	< 0.001	< 0.010		
Thorium	< 0.001	< 0.005		
Uranium	0.005	< 0.060		
Nickel	0.16	< 0.40		
Silver	0.16	< 0.20		
Tin	0.29	< 0.30		
Titanium	0.42	< 1.0		
Total Toxic Representation				

### ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT $\mu\text{g/g}$	REFERENCE RANGE	PERCENTILE				
			2.5 <sup>th</sup>	16 <sup>th</sup>	50 <sup>th</sup>	84 <sup>th</sup>	97.5 <sup>th</sup>
Calcium	445	125 - 370					
Magnesium	22	12 - 30					
Sodium	18	12 - 90					
Potassium	7	12 - 40					
Copper	11	9.0 - 16					
Zinc	160	100 - 190					
Manganese	0.22	0.20 - 0.55					
Chromium	0.40	0.26 - 0.50					
Vanadium	0.066	0.030 - 0.10					
Molybdenum	0.029	0.050 - 0.13					
Boron	0.31	0.60 - 4.0					
Iodine	0.21	0.25 - 1.3					
Lithium	< 0.004	0.007 - 0.023					
Phosphorus	192	160 - 250					
Selenium	0.60	0.95 - 1.7					
Strontium	0.81	0.16 - 1.0					
Sulfur	52200	45500 - 53000					
Barium	0.53	0.16 - 0.90					
Cobalt	0.013	0.013 - 0.035					
Iron	12	9.0 - 19					
Germanium	0.028	0.045 - 0.065					
Rubidium	0.019	0.016 - 0.19					
Zirconium	0.17	0.040 - 1.0					

### SPECIMEN DATA

COMMENTS:  
 Date Collected: 8/1/2007  
 Date Received: 8/6/2007  
 Date Completed: 8/11/2007  
 Methodology: ICP-MS

Sample Size: 0.198 g  
 Sample Type: Head  
 Hair Color:  
 Treatment:  
 Shampoo: Nil

### RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	20.2	4 - 30
Ca/P	2.32	0.8 - 8
Na/K	2.57	0.5 - 10
Zn/Cu	14.5	4 - 20
Zn/Cd	> 999	> 800

V06.99

## HAIR ELEMENTS



LAB#: H080109-0040-1  
 PATIENT: **www**  
 SEX: Male  
 AGE: 6

CLIENT#: 28743  
 DOCTOR: Michael Sichel, DO  
 Fountaindale  
 Po Box 5054  
 Chittaway Bay, Nsw, 2261 AUSTRALIA

### POTENTIALLY TOXIC ELEMENTS

TOXIC ELEMENTS	RESULT $\mu\text{g/g}$	REFERENCE RANGE	PERCENTILE	
			68 <sup>th</sup>	95 <sup>th</sup>
Aluminum	14	< 9.0		
Antimony	0.058	< 0.066		
Arsenic	0.16	< 0.090		
Beryllium	< 0.01	< 0.020		
Bismuth	0.010	< 2.0		
Cadmium	0.099	< 0.15		
Lead	11	< 1.0		
Mercury	0.43	< 0.40		
Platinum	< 0.003	< 0.005		
Thallium	< 0.001	< 0.010		
Thorium	0.002	< 0.005		
Uranium	0.017	< 0.060		
Nickel	0.13	< 0.40		
Silver	0.19	< 0.13		
Tin	0.35	< 0.30		
Titanium	0.76	< 1.0		
Total Toxic Representation				

### ESSENTIAL AND OTHER ELEMENTS

ELEMENTS	RESULT $\mu\text{g/g}$	REFERENCE RANGE	PERCENTILE				
			2.5 <sup>th</sup>	16 <sup>th</sup>	50 <sup>th</sup>	84 <sup>th</sup>	97.5 <sup>th</sup>
Calcium	201	160 - 500					
Magnesium	54	12 - 50					
Sodium	110	12 - 90					
Potassium	77	10 - 40					
Copper	19	9.0 - 30					
Zinc	150	110 - 190					
Manganese	0.31	0.19 - 0.60					
Chromium	0.33	0.23 - 0.50					
Vanadium	0.070	0.025 - 0.10					
Molybdenum	0.068	0.040 - 0.099					
Boron	2.8	0.50 - 3.5					
Iodine	0.35	0.25 - 1.3					
Lithium	0.038	0.007 - 0.023					
Phosphorus	187	160 - 250					
Selenium	0.68	0.95 - 1.7					
Strontium	0.91	0.21 - 2.1					
Sulfur	45800	45500 - 53000					
Barium	0.32	0.19 - 1.6					
Cobalt	0.010	0.013 - 0.035					
Iron	18	6.0 - 17					
Germanium	0.027	0.045 - 0.065					
Rubidium	0.079	0.009 - 0.090					
Zirconium	0.31	0.060 - 0.70					

### SPECIMEN DATA

COMMENTS:  
 Date Collected: 12/26/2007  
 Date Received: 1/9/2008  
 Date Completed: 1/16/2008  
 Methodology: ICP-MS

Sample Size: 0.197 g  
 Sample Type: Head  
 Hair Color:  
 Treatment:  
 Shampoo:

### RATIOS

ELEMENTS	RATIOS	EXPECTED RANGE
Ca/Mg	3.72	4 - 30
Ca/P	1.07	0.8 - 8
Na/K	1.43	0.5 - 10
Zn/Cu	7.89	4 - 20
Zn/Cd	> 999	> 800

V06.99



# **Medical authorities still deny hair-analysis as accurate !**

Let them answer this:

In Europe, laser ablation of a SINGLE HAIR can tell, when a drug is administered and when ceased.

This is used and accepted as accurate litigation evidence in both Germany and Poland.

**Institute of Forensic Medicine Munich – Forensic Science June 2006**