

Allergies, ADHD, Autism, Learning Delay, or chronic illness?

Find out how Integrative Healthcare that includes biomedicine, allied therapies and neuro-development treats the whole person and helps a child reach their full potential.

Allergies and nutritional deficiencies are often misdiagnosed as ADHD or behavioural disorders. Chronic infections often reoccur until germs are accurately identified and treated. The metabolic-immunologic-neurologic-digestive systems are all closely linked and require an integrative approach to achieve optimal mental and physical health. Treating underlying causes reduces the need for treating symptoms with antibiotics, psychostimulants, histamines, puffers, cortisone cream and surgery.

More importantly, an integrative approach can help prevent disease.



Integrative Solutions

Seminar August 23, 2008

Would you ask a child with a broken leg to run faster? Asking a child with ADHD or learning delay to sit still or study harder is equivalent if there is an underlying medical condition.

Nutritional deficiencies, infections and toxicity of heavy metals and chemicals are behind the alarming rise in childhood disorders.*

Integrating biomedicine (digestive health, diet, nutritional medicine, and detoxing) along with other therapies can greatly improve outcomes. The key is an individualised approach by a trained practitioner.

* *Dr. Kenneth Bock, Healing The New Childhood Epidemics*

Integrative care can help treat a wide range of symptoms that include;

ADHD
allergies
Asthma
Autism
anxiety
bedwetting
behavioural issues
chronic infections
depression
digestive disorder
dyslexia
dyspraxia
eczema
food sensitivities
memory recall
motor coordination
reflux
sleeplessness
stinky breath

Did you know?

- 1 in 165 US, 1 in 150 UK and 1 in 120 Australian children are diagnosed with Autism?*
- ADHD, allergies, autism, asthma often share an underlying chemistry characterized by nutrient deficiencies, infections, and toxicity.**
- 70% of the neurotransmitters in your brain are also in your gut
- A healthy diet is not adequate if the gastro intestinal tract is not properly absorbing nutrients.
- Antibiotics, "the pill", refined carbohydrates, lack of breast-feeding, heavy metals and chemicals all disrupt the microbe balance of the GI tract which can lead to gut & immune disorders and nutritional deficiencies.
- Seemingly healthy foods like milk, bread, soy, egg and corn can adversely affect concentration, behaviour and immunity in a person struggling with digestive disorder, intolerances or allergies.
- Nutritional deficiencies can cause ADHD, allergies, eczema, asthma, speech issues, sleeplessness, hyperactivity, chronic fatigue, poor concentration, chronic illness and more.

* *US CDC, UK Dept Health*

** *Dr. Kenneth Bock, Healing The New Childhood Epidemics*

Event Details

Time: 10am-4pm

Date: Saturday August 23, 2008

Place: Commercial Club, Albury

Cost: \$65/person

[Click here to register now!](#)

Metabolic
Immuno
Neurological
Digestive
Disorders

Key Note Speakers

Biomedical Intervention

Dr. Antony Underwood

Biomedicine focuses on treating the individual by focusing on thorough medical assessment, testing and treatment. Correction of chemical imbalances and infections can help treat and prevent Autism, ADHD, allergies and related auto-immune disease.

Dr. Antony Underwood is a Paediatrician based in Sydney who helped pioneer biomedical intervention in Australia for the treatment of ASD, ADHD and neuro-biological disorders.

The Brain-Immuno-Gut Connection

Jacques Duff, MAPS; MAAAPB; MECNS; MISNR

Dozens of studies suggest that digestive disorders can trigger neurological disorders such as autism, ADHD, learning delay, anxiety & depression. 70% of the neurotransmitters in the brain are also in the gastro intestinal tract, so digestive health directly impacts on mental health. Also, the digestive tract is designed to absorb nutrients and to screen out toxins. When the gut dysfunctions, the immune system and the brain are adversely affected in many ways.

Jacques Duff is founder and Director of the Behavioural Neurotherapy Clinic in Melbourne where they combine Orthodox Medicine, diet and neuro-psychology to treat children and adults.

Choosing the Right Diet

Karen Wheelwright, RN

Special diets can alleviate a range of ASD issues including asthma, allergies, ADHD, eczema & digestive disorders. Feingold, Gluten-Free/Casein-Free, Specific Carbohydrate, Gut And Psychology Syndrome and low phenol, oxalate & salicylate diets can all be very effective in the right individual.

Karen Wheelwright is a nurse and Biomedical Consultant who reversed her son's Autism diagnosis by implementing the "right diet" in conjunction with biomedicine

Homeopathy

Nyema Hermiston Adv Dip Hom, ND, RN

A range of homeopathic medicines can help ASD kids for fever management, gut parasites, constipation, diarrhoea and treating Autism itself. Nyema has been practising for 20 years and has recently co-authored 'Treat Your Child Yourself'. She currently practises in Mittagong and Wollongong in NSW.

Upcoming Mindd Events Sydney 2008

Allergy Elimination

Matthew Bourke
13 August
Bondi Jcn, NSW

Healing Foods

Sandra Ramacher
10 September
Bondi Jcn, NSW

Social Skills

Anca Ramsden
15 October
Bondi Junction

**Visit www.mindd.org or call
02 9337 3600
for more information.**

Intervention

Dr. Robyn Cosford
11 November
Bondi Junction

Solutions

10 Lectures
15-16 November
Darling Harbour

Learning Strategies

Jim Hoosan
10 December
Bondi Junction

Mindd Foundation is a non-profit Health Promotion Trust.

Mindd International Conference 7 March, 2009 Melbourne

Integrative Solutions for childhood auto-immune disease (ADHD, Autism, allergies, asthma, infections and more) from world experts Paul Shattock & Dr. Woody McGinnis, along with Australian experts in biomedicine, neuro-psychology, diet and neuro-therapies. The Sebel, Albert Park.

Mindd International Forum On Children 16-19 May 2009 Sydney

- Lectures from world leaders in Integrative Health Care will educate parents and train professionals on effective treatments for Autism, ADHD, allergies, asthma & learning delay (May 16-17)
- A public expo will present dozens of products and services to help develop a healthy and happy child (May 16-17)
- Physicians training on biomedical intervention will focus on assessing and treating the individual and will be lead and accredited by Defeat Autism Now!* (May 18-19)

* The American Academy of Pediatrics is working with DAN! to research and promote effective treatments for Autism Spectrum Disorders.

RACGP QA & CPD points

Registration Form

Time: 10am - 4pm
Date: Saturday, August 23, 2008
Place: Commercial Club, Albury
Cost: \$65/person

To reserve a place please pay via credit card at www.mindd.org/Events/Australia or mail this form with bank draft or money order to:

**Mindd Foundation Pty Ltd
PO Box 151, Vaucluse NSW 2030**

Visit www.mindd.org for cancellation terms & conditions.

Integrative Solutions hosted by Coinda Family Support Group

First name _____ Last name _____
Address _____
Email _____
Phone () _____ Fax () _____

Please tick your area of expertise:

- Parent/guardian Paediatrician Speech/language
 Practitioner (please specify) Other (Please specify)

Do you have specific questions? _____

Where did you hear about our events?

- E-flyer Print Ad Practitioner Radio Friend
 Print flyer (Where did you find it?) Other (Please specify)